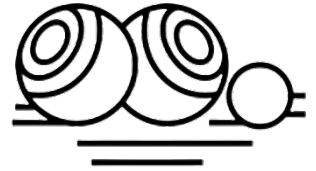




The Roll Up

February 2026



Welcome to the latest edition of the Norfolk BC newsletter.

Club News

As things start to get to sharp end the season in terms of competitions it is pleasing to note that the club still have number of members in contention in various individual events. In addition, our ladies' team will play their Yetton Plate quarter final against Scunthorpe on 14th February at Grantham IBC. Our mixed Top Club team have already secured their place in the national semi final on Saturday 28th March.

The first of this season's national champions have been decided with our own Bex Willgress playing in the Champion of Champions finals at Dolphin IBC. Bex managed to reach the final seeing off some strong opposition on the way but fell just short losing 21-20 to fellow England International and recent Potters player Nicole Rogers.

Following the recent club AGM some changes relating to the opening of the bar and details are provided later in the newsletter. Also, we are now looking for cleaner from amongst the membership again details are provided later in the newsletter.

On the club front last weekend saw the playing of the annual Ladies v Gents match. The gentleman came out on top this year with a 99-110 score line, thus avenging last years defeat with the ladies looking forward to regaining the honour next year. Our thanks go to Phil Richards who organised the event and to Janet who managed the bar and provided the tea and biscuits and also, thanks to all who took part we hope you enjoyed the event.

There are a number of other club friendlies during the remainder of the season please look out for details on the club noticeboards.

200 CLUB

February 2026 Winners

£50	Jan Robinson
£20	John Hills
£10	Gloria Hill

If you wish to join the 200 Club, please contact the club



OUTDOOR COUNTY NEWS - new website www.norfolkbowls.co.uk

New County Outdoor website is LIVE as is the on-line entry to the 2026 County Championships is OPEN.

Entries to the 2026 County Championships will close on 27th February 2026. If you wish to enter any outdoor county competitions please ensure you do so by accessing the outdoor county website.

New bar opening times

Monday, Wednesday, Thursday & Friday: 10.30am to 2.30pm, then 5.30pm to 9.30pm

Saturdays: Bar opening times dependent on the county league or national club competition games. Sundays – Volunteer(s) will sell teas/coffees during winter months and for national club competition games the bar will be staffed.



Rolls are available or can be ordered when the bar is open - if you cannot see any on display, please ask a member of staff as usually, they can be made on request.



Club Cleaner – we are looking for a cleaner for a minimum of 2 hours per week, ideally on and Monday and Thursday morning, but days/hours are negotiable

This role could be undertaken by a member who is able to volunteer to help the club or someone who would be interested in this as a part time role. Alternatively, if anyone employs their own cleaner that might be interested could they pass their details on to us.

Please contact Brian Holcroft at the club for further information

Dates for your diary (please see noticeboard for more details)

February	
Sat 14 th	Yetton Plate QF v Scunthorpe @ Grantham IBC Club Friendly Norfolk BC Ladies v Diss & District Ladies
Thu 19 th	Victoria Club
Sat 21 st	U30 Club Double Rink QF v Bromley @ Colchester Indoor
Thu 26 th	Norfolk County Fours playoffs to be hosted at club 6:30pm
Fri 27 th	CLOSING DATE FOR OUTDOOR COUNTY COMPETITIONS
Sat 28 th	Norfolk Ladies v Essex Ladies, Atherley Trophy QF to be hosted at club 10.00am

March	
Sun 1 st	Club Friendly Norfolk BC v Norfolk Fire Service
Sat 14 th	Yetton Plate SF (*)
Tue 17 th	Club Friendly Norfolk BC v Norfolk Men's & Ladies Mixed Team
Thu 19 th	Victoria Club
Thu 26 th	Indoor AGM 7pm
Sat 28 th	Yetton plate final (*) Top Club semi-final v Solihull @ Nottingham (final 29 th)

(*) - subject to earlier round result

Note: County Leagues Games for Ladies & Gents shown on Bowlr and website diary.

Coaches corner - Our coaching team of Trevor, Jack and David are always available for new or experienced players who may need to brush up on their game.

What is the best set of bowls for me?

A difficult question to answer in one statement!

Size, bias, manufacturer and personal preference all need to be considered. Oh, and don't forget price!



The first task the bowler needs to consider is - do they fit me? Am I comfortable with the bowl in my hand? Can I grip it in my hand and follow through with a consistent delivery? If the answer to these questions is yes, then you're good to go. If it isn't right, regardless the price, colour etc. don't do it! Even if they come from a friend or charity shop believe me, if it isn't a good fit it is false economy and it won't take long to realise this for yourself.

Whatever you decide to buy it will take time to get used to your 'new' bowls and to discover what their natural line is. This is not a two week job! Become confident with them, when you understand what they 'do' you will bowl better.

Something to consider is the bias on your new bowls. Is it suitable for the position you play in your triples team? A lead will probably need a straighter bowl as there is less to get around in the early stages of a head. Number 2 (middle player) will require a slightly wider bias, mid range bowl, to get to grips with a wider and more congested head and improve on what the lead has left you with! The skip may well need a similar bias bowl, if not a slightly wider one than the number 2 because they will have an even more congested head to deal with. Also, consider that you may well need to bowl with more weight in certain circumstances, and possibly 'fire'.

If you are a beginner, when you have settled on your chosen bowls I recommend you stick with them for at least six months to understand what they do and what you can do with them. Some beginners change too frequently, trying to find the 'silver bullet bowl'. Believe me it does not exist if it did, we would all play with them!

Feel free to ask if you would like some advice and think before you commit to a £400 plus new set and never buy bowls that you haven't tried first!!

Also, be aware that everyone has their own combination of colour and manufacturer. It is a minefield and you need to traverse it carefully before committing.

Good luck and good bowling. Trevor Goddard (Club Coach)



New members

Welcome to our new members Helen Simmons, Richard Alexander, Christine Gallagher & Colin Grime.

For Sale – a list of any bowls items for sale is now available on the club website, [please click here](#).

if you have an item you wish to appear on this list, please leave the item(s) details and your contact info at the bar for the attention of Carole Slaughter

Please do not put up additional notices



To make sure you stay up to date with all the club news and activities make sure to check the club website

www.norfolkbc.org.uk

or join our Facebook page

<https://www.facebook.com/norfolkbowlingclubnorwich>



Indoor AGM – Thursday 26th March 2026

The Indoor AGM will take place on Thursday 26th March 2026 where all indoor committee roles will be up for election following the merger of the Ladies and Men's committees.

In addition there will be discussion around the structure of the club domestic leagues for 2026/27 and competitions.

Please make a note of the date in your diaries